

## NSWO Early Career Grant 2026

The *Early Career Grant* offered by the NSWO provides early career researchers with the opportunity to present their own research at a conference, visit a foreign laboratory, or attend a course focused on sleep–wake research. The NSWO highly values supporting early career researchers in gaining such academic experiences at an early stage of their career, as this stimulates the development of new knowledge and helps build an (inter)national professional network. This year, up to two grants are available, each with a maximum value of €750.

### Who can apply?

Applicants must adhere to the following criteria to be considered:

- The applicant must be an NSWO member at the time of the application
- The applicant has not yet obtained a PhD or obtained a PhD a maximum of three years before the date of the deadline.
- Each applicant can only apply once per call.
- Previous NSWO Early Career Grant (previously called NSWO Young Talent Fund) recipients are excluded from applying.

### How to apply?

Applications can be submitted to [info@nswo.nl](mailto:info@nswo.nl) mentioning “Early Career Grant – [name]” in the title.

Applications should be handed before the **1st of May 2026**. The application must include:

- Motivational letter (max. 1 A4), in which the personal motivation and the choice for the proposed conference, laboratory visit, or course is explained.
- Curriculum vitae (max. 2 A4, free format).
- Signed confirmation from the principal investigator or employer stating that the applicant is involved in sleep–wake research and meets the PhD criteria.
- Concise budget overview of the expected costs (registration fees, study materials, travel, and accommodation). Other living expenses will not be reimbursed. The maximum budget per grant is €750.

### Selection process

Applications will be evaluated by the NSWO scientific committee. Only complete applications will be considered. Preference will be given to early career researchers and to applications that can present their own research during the proposed conference, laboratory visit or course. Grant recipients will be announced during the NSWO Spring Symposium and by e-mail.

### Reimbursement

To receive reimbursement, recipients must submit:

- Copies of receipts for the actual expenses, and
- A short report (300–400 words, including one picture) describing their experience

These should be sent to [info@nswo.nl](mailto:info@nswo.nl) within one month after attending the activity. The total reimbursed amount cannot exceed the budget approved in the application. The report may be used by the NSWO for promotional purposes (e.g. on the website or in newsletters).